

Breakfast

June 2025



WG – Whole Grain WW - Whole Wheat MG – Multi Grain

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Size Servings Ages 1-2 1 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup	2 (WG) French Toast Peaches Milk	3 (WG) Waffles Pineapple Chunks Milk	4 All Bran Wheat Cereal Banana Slices Milk	5 English Muffins Mandarin Oranges Milk	6 (WG) Croissant & Jelly Apple Sauce Milk	7 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup
8 Size Servings Ages 1-2 1 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup	9 Oatmeal Apple Sauce Milk	10 (WG) Pancakes Peach Slices Milk	11 (MG) Cheerio Cereal Pear Slices Milk	12 (WG) Chex Cereal Mandarin Oranges Milk	13 (WW) Bagel & Cream Cheese Orange Slices Milk	14 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup
15 Size Servings Ages 1-2 1 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup	16 (WG) French Toast Peaches Milk	17 (WG) Waffles Pineapple Chunks Milk	18 All Bran Wheat Cereal Banana Slices Milk	19 English Muffins Mandarin Oranges Milk	20 (WG) Croissant & Jelly Apple Sauce Milk	21 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup
22 Size Servings Ages 1-2 1 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup	23 Oatmeal Apple Sauce Milk	24 (WG) Pancakes Pears Slices Milk	25 (MG) Cheerio Cereal Pear Slices Milk	26 (WG) Chex Cereal Mandarin Oranges Milk	27 (WW) Bagel & Cream Cheese Orange Slices Milk	28 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup
29 Size Servings Ages 1-2 1 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup	30 (WG) French Toast Peaches Milk					Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup

Lunch

June 2025

WGR – Whole Grain

WW – Whole Wheat

MG – Multi Grain



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Size Servings Ages 1-2 1 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup	2 Spaghetti with Meat Sauce Green Beans Orange Slices Milk & Water	3 Chicken Fried Rice Steamed Broccoli Pineapple Chunks Milk & Water	4 Chicken Tenders Mashed Potato Peas and Carrots Orange Slices Milk & Water	5 (WG) Chicken & Cheese Flautas Spanish Rice Mixed Vegetables Fruit Cocktail Milk & Water	6 Crispy Chicken Burger (WW) Bun Corn Apple Slices Milk & Water	7 Size Servings Ages 3-5 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup
8 Size Servings Ages 1-2 1 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup	9 (WG) Cheese & Spinach Lasagna Mashed Potato Mixed Fruit Milk & Water	10 BBQ Chicken Steamed Rice Broccoli Mandarin Oranges Milk & Water	11 Chicken Nuggets Mashed Potatoes Peas Orange Slices Milk & Water	12 (WG) Chicken and Cheese Quesadillas With Steamed Corn Mixed Fruit Milk & Water	13 (WW) Grilled Cheese Sandwich Carrot Sticks w/Ranch Dressing Apple and Orange Slices Milk & Water	14 Size Servings Ages 3-5 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup
15 Size Servings Ages 1-2 1 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup	16 (WG) Chicken Alfredo Fettuccini Green Beans Apple Slices Milk & Water	17 (WG) Chicken Noodle Stir Fry Steamed Broccoli Orange Slices Milk & Water	18 (WG) Turkey & Cheese Sandwich Carrots with Ranch Dressing Pear Slices Milk & Water	19 (WG) Cheese & Bean Burritos Mexican Rice Steamed Green Beans Peach Slices Milk & Water	20 Cheese Pizza Carrot Sticks With Ranch Banana Slices Milk & Water	21 Size Servings Ages 3-5 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup
22 Size Servings Ages 1-2 1 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup	23 Cheese & Spinach Ravioli Green Beans Apple Slices Milk & Water	24 (WG) Orange Chicken Steamed Rice Broccoli Mandarin Oranges Milk & Water	25 (WW) Macaroni & Cheese Steamed Peas Banana Slices Milk & Water	26 (WG) Soft Chicken Tacos Spanish Rice Mixed Vegetables Banana Slices Milk & Water	27 Popcorn Chickens With BBQ Dip Garlic Bread Corn Apple Slices Milk & Water	28 Size Servings Ages 3-5 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup
29 Size Servings Ages 1-2 1 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup	30 (WG) Baked Ziti with Mozzarella & Marinara Green Beans Garlic Bread Apple Slices Milk & Water					Size Servings Ages 3-5 1.5 Ounces / ⅜ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup

AM & PM Snack

WG – Whole Grain WW – Whole
Wheat

June 2025

MG – Multi Grain



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Size Servings Ages 1-2 1 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup	2 Ritz Crackers & Cheese Apple Slices Juice & Water	3 Whole Wheat Cracker Orange Slices Juice & Water	4 (WG) Cereal Mix Apple Sauce Juice & Water	5 (WG) BelVita Biscuit Banana Juice & Water	6 Vanilla Yogurt Peach Slices Juice & Water	7 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup
8 Size Servings Ages 1-2 1 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup	9 Animal Crackers Apple Slices Juice & Water	10 Graham Crackers Orange Slices Juice & Water	11 (WG) Mini Bagels With Cream Cheese Banana Juice & Water	12 (WG) Vanilla Yogurt Mandarin Oranges Juice & Water	13 (WG) Crackers String Cheese Oranges Slices Juice & Water	14 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup
15 Size Servings Ages 1-2 1 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup	16 Ritz Crackers & Cheese Apple Slices Juice & Water	17 Whole Wheat Cracker Orange Slices Juice & Water	18 (WG) Cereal Mix Apple Sauce Juice & Water	19 Chex Mix Banana Juice & Water	20 Vanilla Yogurt Peach Slices Juice & Water	21 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup
22 Size Servings Ages 1-2 1 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup	23 Animal Crackers Apple Slices Juice & Water	24 Graham Crackers Orange Slices Juice & Water	25 (WG) Cereal Mix Apple Sauce Juice & Water	26 (WG) Vanilla Yogurt Mandarin Orange Juice & Water	27 (WG) Crackers String Cheese Oranges Slices Juice & Water	28 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup
29 Size Servings Ages 1-2 1 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup	30 Ritz Crackers & Cheese Apple Slices Juice & Water					Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup