

Breakfast

July 2025



WG – Whole Grain WW - Whole Wheat MG – Multi Grain

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>		<p>1 (WG) Waffles Pineapple Chunks Milk & Water</p>	<p>2 All Bran Wheat Cereal Banana Slices Milk & Water</p>	<p>3 (WG) Chex Cereal Mandarin Oranges Milk & Water</p>	<p>4 SCHOOL CLOSED Independence Day</p>	<p>5 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>6 Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>7 Oatmeal Apple Sauce Milk & Water</p>	<p>8 (WG) Pancakes Peach Slices Milk & Water</p>	<p>9 (MG) Cheerio Cereal Pear Slices Milk & Water</p>	<p>10 English Muffins Mandarin Oranges Milk & Water</p>	<p>11 (WW) Bagel & Cream Cheese Orange Slices Milk & Water</p>	<p>12 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>13 Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>14 WG) French Toast Peaches Milk & Water</p>	<p>15 (WG) Waffles Pineapple Chunks Milk & Water</p>	<p>16 All Bran Wheat Cereal Banana Slices Milk & Water</p>	<p>17 (WG) Chex Cereal Mandarin Oranges Milk & Water</p>	<p>18 Vanilla Yogurt Peach Slices Milk & Water</p>	<p>19 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>20 Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>21 Oatmeal Apple Sauce Milk & Water</p>	<p>22 (WG) Pancakes Pears Slices Milk & Water</p>	<p>23 (MG) Cheerio Cereal Pear Slices Milk & Water</p>	<p>24 English Muffins Mandarin Oranges Milk & Water</p>	<p>25 (WW) Bagel & Cream Cheese Orange Slices Milk & Water</p>	<p>26 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>27 Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>28 WG) French Toast Peaches Milk & Water</p>	<p>29 (WG) Waffles Pineapple Chunks Milk & Water</p>	<p>30 All Bran Wheat Cereal Banana Slices Milk & Water</p>	<p>31 (WG) Chex Cereal Mandarin Oranges Milk & Water</p>		<p>Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>

Lunch

July 2025

WG – Whole Grain

WW – Whole Wheat

MG – Multi Grain



Sundav	Mondav	Tuesdav	Wednesdav	Thursdav	Fridav	Saturdav
Size Servings Ages 1-2 1 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup		1 (WG) Orange Chicken Steamed Rice Broccoli Mandarin Oranges Milk & Water	2 Chicken Nuggets Mashed Potatoes (WW) Bun Peas Orange Slices Milk & Water	3 Cheese Quesadillas Spanish Rice Corn Apple Slices Milk and Water	4 School Closed Independence Day	5 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup
6 Size Servings Ages 1-2 1 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup	7 (WG) Fettuccini Alfredo With Chicken Mixed Vegetables Fruit Cocktail Milk and Water	8 (WG) Chicken Noodle Stir Fry Steamed Broccoli Orange Slices Milk & Water	9 (WW) Turkey & Cheese Sandwiches Carrots with Ranch Dressing Banana Milk & Water	10 (WG) Chicken Taquitos Mexican Rice With Corn Mixed Fruit Milk & Water	11 Sloppy Joes on a (WW) Bun Peas and Carrots Orange Slices Milk & Water	12 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup
13 Size Servings Ages 1-2 1 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup	14 (WG) Spaghetti with Meat Sauce Steamed Green Beans Peach Slices Milk and Water	15 Chicken Fried Rice Steamed Broccoli Pineapple Chunks Milk & Water	16 Cheese Pizza Carrot Sticks With Ranch Dressing Banana Slices Milk & Water	17 (WW) Cheese & Bean Burritos Spanish Rice Steamed Green Beans Peach Slices Milk & Water	18 (WG) Chicken Tenders Mashed Potatoes Steamed Peas Pineapple Chunks Milk & Water	19 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup
20 Size Servings Ages 1-2 1 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup	21 (WG) Cheese Ravioli With Marinara Sauce Mixed Vegetables Garlic Bread Fruit Cocktail Milk & Water	22 BBQ Chicken Steamed Rice Broccoli Mandarin Oranges Milk & Water	23 Chicken Burgers (WW) Carrots Sticks with Ranch Dressing Fruit Cocktail Milk & Water	24 (WG) Soft Chicken Tacos Mexican Rice Mixed Vegetables Banana Slices Milk & Water	25 Popcorn Chicken w/BBQ Sauce Mashed Potatoes Sweet Corn Apple Slices Milk & Water	26 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup
27 Size Servings Ages 1-2 1 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup	28 (WG) Baked Ziti with Mozzarella & Marinara Sauce Green Beans Garlic Bread Apple Slices Milk & Water	29 Teriyaki Chicken Steamed Rice Steamed Broccoli Mandarin Oranges Milk and Water	30 (WW) Chicken Salad Sandwich Carrots Sticks Fruit Cocktail Milk & Water	31 Chicken and Cheese Flautas Spanish Rice Steamed Green Beans Peach Slices Milk & Water		Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup

AM & PM Snack

July 2025



WG – Whole Grain WW – Whole Wheat MG – Multi Grain

Sundav	Mondav	Tuesdav	Wednesdav	Thursdav	Fridav	Saturdav
<p>Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>		<p>1</p> <p>Bran Muffin Orange Slices Milk & Water</p>	<p>2</p> <p>(WG) Cereal Mix Apple Sauce Milk & Water</p>	<p>3</p> <p>BelVita Biscuits Banana Milk & Water</p>	<p>4</p> <p>School Closed Independence Day</p>	<p>5</p> <p>Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup</p>
<p>6</p> <p>Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup</p>	<p>7</p> <p>Honey Maid Crackers Mandarin Oranges Milk & Water</p>	<p>8</p> <p>Saltine Crackers Orange Slices Milk & Water</p>	<p>9</p> <p>(WG) Mini Bagels With Cream Cheese Banana Milk & Water</p>	<p>10</p> <p>Chex Mix Apple Sauce Milk & Water</p>	<p>11</p> <p>(WG) Multi Grain Crackers String Cheese Oranges Slices Milk & Water</p>	<p>12</p> <p>Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup</p>
<p>13</p> <p>Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup</p>	<p>14</p> <p>(WW) Ritz Crackers & Cheese Apple Slices Milk & Water</p>	<p>15</p> <p>Bran Muffin Orange Slices Milk & Water</p>	<p>16</p> <p>Chex Mix Apple Sauce Milk & Water</p>	<p>17</p> <p>BelVita Biscuits Banana Milk & Water</p>	<p>18</p> <p>Vanilla Yogurt Peach Slices Milk & Water</p>	<p>19</p> <p>Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup</p>
<p>20</p> <p>Size Servings Ages 1-2 5 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup</p>	<p>21</p> <p>Saltine Crackers Apple Slices Milk & Water</p>	<p>22</p> <p>Honey Maid Crackers Orange Slices Milk & Water</p>	<p>23</p> <p>(WG) Mini Bagels With Cream Cheese Banana Milk & Water</p>	<p>24</p> <p>Chex Mix Apple Sauce Milk & Water</p>	<p>25</p> <p>(WG) Multi Grain Crackers String Cheese Oranges Slices Milk & Water</p>	<p>26</p> <p>Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>27</p> <p>Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>28</p> <p>(WW) Ritz Crackers & Cheese Apple Slices Milk & Water</p>	<p>29</p> <p>Bran Muffin Orange Slices Milk & Water</p>	<p>30</p> <p>Chex Mix Apple Sauce Milk & Water</p>	<p>31</p> <p>Honey Maid Banana Milk & Water</p>		<p>Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>